

Spring 2014

Escondido RECREATION GUIDE

April • May • June



*For Opportunities in
Recreation and Education*

Creating Community through People, Parks, and Programs

City of Escondido's
20th Anniversary
Charity
Golf Tournament
MAY 13, 2014

Recreation.Escondido.org

PRESCHOOL • YOUTH • TEENS • ADULTS • FAMILY • AQUATICS • SPORTS

Keep Your Next Event Local!



These locations are perfect for your indoor and outdoor parties, meetings, retreats, trainings or special events. Professional staff will assist you to coordinate your ideal location and details for your next successful & stress free event.



Kit Carson Park

- Picnic Areas
- Amphitheater
- Queen Calafia's Magical Circle
- Softball Fields



Escondido City Hall

- Large Meeting Room
- Outdoor Patio
- Architectural Award Winning Dome



Escondido Sports Center

- Skate Park
- Soccer & Hockey Arenas
- Birthday Parties



East Valley Community Center

- Three Meeting Rooms
- Multi-Sport Gymnasium
- Dance Room
- Banquet Room with Attached Kitchen



Pools

- Two Locations
- Pool Parties
- Private Events



Park Avenue Community Center

- Multi-Use Auditorium with Attached Kitchen
- Four Meeting Rooms
- Beautiful Outdoor Gazebo



Washington Park

- Recreation Room
- Pool Parties
- Park Setting



Daley Ranch House

- Large Indoor Space
- Beautiful Covered Deck

For more information and to make reservations call City Hall at 760.839.4691 or email recreation@escondido.org

City of Escondido Recreation Guide

Message From the Director

FORE! When used while playing golf, this term is a forewarning of being hit by a ball. When the Escondido Recreation staff uses it, it signals a fun opportunity to raise needed scholarship funds for Escondido youth. The FORE (For Opportunities in Recreation and Education) Golf Tournament is Recreation's spring fundraiser that supports the Share a Dream Scholarship program. For more than 20 years, the Share a Dream Scholarship program has given thousands of Escondido youth ages 17 and under from low and moderate income families, the ability to participate in recreation classes, camps, sports and more!

This year Escondido Recreation is proud to celebrate the FORE Escondido Golf Tournament's 20 year anniversary at the Vineyard on Tuesday, May 13! Join us for a fun-filled day of golf, bid on some exceptional silent auction items, and help the kids in your community afford the opportunities to engage in activities that promote mental, social and physical development. Please invite and encourage your inner circle of friends, family, and colleagues to create a foursome or register as an individual and make new friends. Please don't miss this opportunity to support Escondido youth! Go to fore.escondido.org for more information on registering for this outstanding day of fun—fundraising!

On another note—summer is around the corner! Escondido Recreation can help you and your family learn how to be safe in and around the water, build your youngster's skills in a variety of sports and dance, and help you stay on track with your new year resolutions to exercise and improve your health. There is so much to choose from! By opening this Recreation Guide, you have opened doors to fun, learning, and adventure through the events and programs provided at the Escondido Public Library and the Recreation Department! Dare to expand your mind and develop your physical strength by joining our activities!

Loretta McKinney

Director of Library and Community Services

Mission Statement

Escondido Recreation enhances quality of life by providing recreational services, facilities, and parks that promote health, wellness, and safety, while fostering a strong sense of community.



This guide is printed on recycled paper.

Spring 2014

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City Council
Sam Abed, Mayor
Olga Diaz, Deputy Mayor
Ed Gallo
Michael Morasco
John Masson

City Manager
Clay Phillips

City Treasurer
Ken Hugins

Director of Library and Community Services
Loretta McKinney



Contact Us

Phone 760.839.4691
Email recreation@escondido.org
Web recreation.escondido.org
Office 201 North Broadway, Escondido, CA 92025



Follow us on Facebook: [Facebook.com/EscondidoRecreation](https://www.facebook.com/EscondidoRecreation)

EVCC	East Valley Community Center 2245 East Valley Parkway	ESC	Escondido Sports Center 3315 Bear Valley Parkway	MVP	Mountain View Park 1160 South Citrus Avenue
MCC	Mathes Community Center 247 South Kalmia Street	ICE	Ice-Plex 555 North Tulip Street	KCP	Kit Carson Park 3333 Bear Valley Parkway
PACC	Park Avenue Community Center 210 Park Avenue Home of Escondido Senior Center	JSP	James Stone Pool 131 Woodward Avenue	SDFC	San Diego Fencing Center 1770 South Escondido Boulevard
WP	Washington Park Recreation Center & Pool 501 North Rose Street	OAK	Oak Hill Activity Center 405 South Midway Drive	DACB	Don E. Anderson Community Building 120 Woodward Avenue



Community Services Department

760.839.4691
recreation.escondido.org
recreation@escondido.org

Administrative office:
201 North Broadway

Office Hours:
Monday–Friday, 8:00 am–5:00 pm

Office will be closed Monday, May 27.



East Valley Community Center

760.839.4382
2245 East Valley Parkway

Office Hours:

Monday, Wednesday, Friday, 8:30 am–9:00 pm
Tuesday & Thursday, 11:00 am–9:00 pm
Saturday, 8:30 am–5:00 pm

The Center will be closed Monday, May 27.



Park Avenue Community Center

760.839.4688
210 Park Avenue

Office Hours:
Monday–Friday, 8:00 am–3:00 pm
Weekend and evening hours vary.

The Center will be closed Monday, May 27.



Escondido Sports Center

760.839.5425
855.ESC.4ALL
sportscenter.escondido.org

3315 Bear Valley Parkway

Office Hours:

Monday–Friday, 3:00 pm–7:00 pm
Saturday, 8:00 am–6:00 pm
Sunday, 1:00 pm–6:00 pm

The Center will be closed Monday, May 27.



Follow us
on Facebook!



Facebook.com/EscondidoRecreation



Developing confident, happy, school-ready children!

Tiny Tots Preschool prepares your little one for kindergarten by encouraging exploration, academics, and positive social interaction! Designed with learning in mind, activities include arts & crafts, music, science, pre-writing/reading, math, and circle time.

Tiny Tots Preschool curriculum is designed in conjunction with California Common Core Standards. Classes are offered for children 3 to 4 and 4 to 5 years old, September through May. While not required, we encourage children to participate in consecutive months during this time frame to maximize learning, develop social skills, and build confidence!

Offered at two locations:

East Valley Community Center (EVCC) • 2245 East Valley Parkway
Don Anderson Community Building (DACB) • 120 Woodward Avenue

Ages 3 & 4 • 8:15 am-10:30 am

Monday & Wednesday	EVCC
Wednesday & Friday	DACB
Tuesday & Thursday	EVCC & DACB

Ages 4 & 5 (Pre-K) • 11:15 am-2:00 pm

Tuesday & Thursday	EVCC & DACB
Monday, Wednesday, & Friday	EVCC & DACB

- Fees start as low as \$110 per month! Parent participation is required.
- Registration packet and fee information is available at recreation. escondido.org/tiny-tots-preschool.aspx
- Priority registration is given to those registered in the prior month.

For more information, call 760.839.4691 or email recreation@escondido.org





Pee Wee Preschool

4/3 weeks • Ages 18 months–3 years

Explore the preschool classroom with your little one. Create an art project; play outside on preschool play equipment—all at your own pace. Meet other parents while your child develops social skills interacting with other toddlers. Each week will include a teacher-run “circle time” with songs and a story. *Parent participation is required.*

Instructor: Jennifer Mendoza, Tiny Tots Preschool Teacher

April—4 weeks

#1172.112	M	9:00–10:30 am	*3/31–4/28	\$32	DACC
#1172.113	F	9:00–10:30 am	*4/4–5/2	\$32	EVCC

May—3 weeks

#1172.121	M	9:00–10:30 am	5/5–5/19	\$24	DACC
#1172.120	F	9:00–10:30 am	5/9–5/23	\$24	EVCC

*No class 4/14 or 4/18

Creative Play & Movement

5 weeks • Ages 3–5

In class we will play several games that keep your kids mentally and physically engaged, having fun, and moving. We will be combining dance routines with freestyle dance which allows your children to have fun expressing themselves in a safe controlled environment.

Instructor: Veronica Scheier, LA Fitness, AFAA, CPR, Fitour, Zumba, ISSA, and ACE CEC Certifications

#1192.100	M	3:15–4:00 pm	*4/28–6/2	\$40	MCC
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* No Class 5/26

Tiny Tots Ice Skating

8 weeks • Ages 3–5

This class is designed for little ones who would like to try ice skating. They will learn basic skating skills through games and creative drawings on the ice. The emphasis is fun and building confidence on the ice.

Instructor: Ice-Plex Staff

#1405.111	F	4:45–5:15 pm	4/4–5/23	**\$85	ICE
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**Includes skate rental and public skating from 3:15–5:15 pm on day of class

Tiny Tots Tumble Time

5 weeks • Ages 2½–4

Bring your little tumblers and join us for some fun play time with other toddlers. Each week we will work with different tumbling mats and different stations, such as balance beam and a monkey bar. We will work on large motor skill development and will teach your child beginning gymnastics skills, such as rolls and handstands. Boys and girls are welcome.

Instructor: Flip to Cheer staff

Session 1

#1158.110	W	4:10–4:45 pm	4/2–4/30	\$50	PACC
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Session 2

#1158.120	W	4:10–4:45 pm	5/7–6/4	\$50	PACC
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Mommy & Me Tumble Time

5 weeks • Ages 2–3

Mom, come join us for a great time to bond with your little toddler as we learn new skills. Increased physical strength and muscle control, coordination, and balance are important milestones for your little explorer. We will work on walking on a floor beam, rolling down inclines, hopping, jumping, crawling through tunnels, and much, much more! Come join us in this important time of new discoveries.

Instructor: Flip to Cheer Staff

Session 1

#1159.110	W	3:30–4:05 pm	4/2–4/30	\$50	PACC
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Session 2

#1159.120	W	3:30–4:05 pm	5/7–6/4	\$50	PACC
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MUSICSTAR® BABY WIGGLES ‘n GIGGLES

6 weeks • Ages 3 months–1 year

MUSICSTAR® KIDZ division has helped many families and their young children discover the true power of active music participation as it positively impacts childhood development. MUSICSTAR® BABY WIGGLES ‘n GIGGLES explores music and interaction with music as part of the whole child development. *Parent participation is required.*

Instructor: MUSICSTAR® Staff

#1166.100	W	10:30–11:20 am	4/23–5/28	\$60	MCC
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MUSICSTAR® Kidz

8 weeks • Ages 2–4

MUSICSTAR® Kidz explores music as a powerful tool in the development of the child by way of targeted fun and disguised learning activities. Children will develop critical listening skills, improve tactile senses, and language and thinking skills. All the while children and their parents will enjoy an action packed session immersed in music, singing and dancing.

Instructor: MUSICSTAR® Staff

#1169.100	W	9:30–10:20 am	4/9–5/28	**\$79	MCC
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**\$20 Material Fee due at first class (cash only)

Pre-Ballet

10 weeks • Ages 4–5

Let your child experience the joys of dancing! These ballet classes teach poise, coordination, and classical ballet technique in a positive and imaginative atmosphere.

Instructor: Cindy Ahler

Ages

#1310.115 Th 3:45–4:30 pm 4/3–6/5 \$95 EVCC 4–5

#1310.102 Sa 9:30–10:15 am 4/5–6/7 \$95 EVCC 4–5

Preschool Karate

5 weeks • Ages 2–5

Preschoolers will begin to learn the basic kicks, punches, blocks, and stances of karate. Karate will help in development of motor skills, balance, and coordination. Children will also be taught to make good choices, listen, and follow directions. In the advanced class, children will begin learning stances, combination moves, correct form and technique, and Katas. Uniforms are required in the advanced class.

Instructor: TBA

Beginning

#1441.110 T 10:00–10:45 am 4/8–5/6 \$65 EVCC

#1441.120 T 10:00–10:45 am 5/13–6/10 \$65 EVCC

Advanced

#1442.120 T 10:45–11:30 am 5/13–6/10 \$65 EVCC

MyArtWorkz Let's Do Art

6 weeks • Ages 1–3

This curriculum for young preschoolers provides participants with the environment and tools to explore art. Students learn about shapes, colors, and the use of space. Each participant is encouraged to explore at their own individual pace using their fingers, crayons, or brushes!

Instructor: MUSICSTAR® Staff

#1131.100 Sa 9:00–10:00 am *4/5–5/17 **\$60 MCC

*No Class 4/19

**\$20 Material fee due at first class (cash only)

Parent & Child: LEGOs® Creations

4 weeks • Ages 2–4½

Parent/Child classes are designed to create a time of fun, learning, and bonding between the preschool child and parent or other care-giver. It is also an avenue for both to socialize with others in an educational, yet relaxed environment. Songs, a new DUPLO® Brick build each week, gross motor time, crafts, creative free and American Sign Language. Make this a fun time for little ones and adults.

Instructor: Bricks 4 Kidz® Staff

A Bag of Shapes:

#1119.110 Th 5:30–6:30 pm 4/3–4/24 **\$44 EVCC

**\$5 Material fee due at first class (cash)

Colors Galore:

#1119.120 Th 5:30–6:30 pm 5/1–5/22 **\$44 EVCC

**\$5 Material fee due at first class (cash only)

Elements of Painting for Kids

6 weeks • Ages 3–5

Elements of Painting explores the fundamentals of visual arts and provides an opportunity for preschoolers to explore various tools and techniques that can be applied to improve their arts activities. Participants will explore the concepts of color, shapes, textures, lines, space, and more.

Instructor: MUSICSTAR® Staff

#1132.100 Sa 10:00–11:00 am *4/5–5/17 **\$60 MCC

*No Class 4/19

**\$20 Material fee due at first class (cash only)

Pee Wee Play Time

Created for experts in rolling, crawling, waddling, and trotting! This open gym time is just for you and your favorite explorer!

Your child can crawl through tunnels, run through obstacles, and throw balls while enjoying music and socializing with other children. Activities and play equipment will be modified every month to provide new experiences for children's growing young minds. All activities are parent-led and self-guided. Drop in for 30 minutes or stay for a couple of hours.

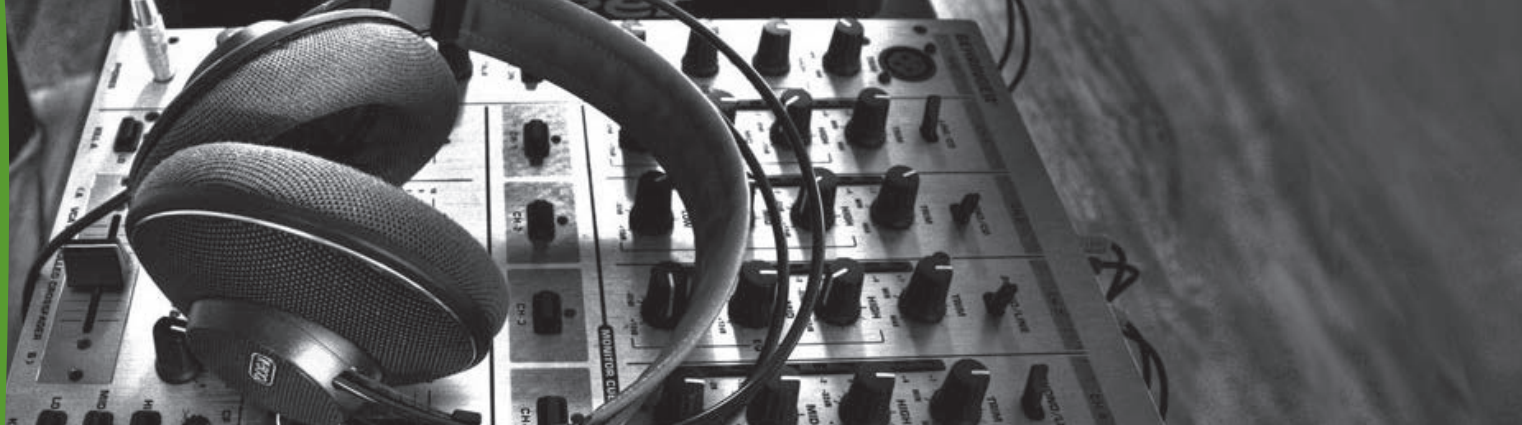
Every Monday & Wednesday • 8:30 am–12:00 pm • Ages 0–5

\$3 for first child, each additional child \$1

Location: EVCC • 760.839.4382

Upcoming Spring Themes: Earth Explorers • Around the World • Crawling Critters & Bouncing Bugs





MUSICSTAR® Glee

6 weeks • Ages 11–17

This is the Ultimate Vocal Learning Experience that allows students to explore their individual talents, learn from industry professionals, and grow as performers with a group and as soloists. MUSICSTAR® Glee provides an exhilarating experience that emulates a professional music performance environment. While rehearsing musical material and preparing for a showcase, students receive valuable inside knowledge and guidance on successful auditioning techniques, learn about their personal strengths, learn to improve voice range and quality, and learn how to transform themselves into true performers! The thrill of truly moving an audience with your performance is like no other.

Instructor: MUSICSTAR® Staff

#1617.100 W 3:30–4:30 pm 4/9–5/14 **\$69 MCC

**\$20 Material Fee due at first class (cash only)

Youth Acting

10 weeks • Ages 11–16

We'll learn the craft of acting: blocking, projecting, cold reading, how to work with props, how to express emotions with honesty, and much more. Come join us!

Instructor: Marsi Carr, Over 20 years teaching and performing experience. UCLA Theatre and Music graduate.

#1606.100 F 4:15–5:15 pm 4/4–6/6 \$100 EVCC

Children's Safety Awareness

Workshop • Ages 4–12

Your child will learn stranger-safety awareness and what to do when encountered how to escape possible dangers, and how to find help. Basic safety and risk reduction techniques will be introduced and practiced. Children will have the opportunity to participate in emergency scenarios using the information gained in this workshop.

Instructor: Lieutenant Al Owens and Officer Mario Sainz

						Ages
#1555.101	Sa	9:00 – 11:00 am	5/17	\$10	EVCC	4–8
#1555.102	Sa	9:00 – 11:00 am	5/24	\$10	EVCC	9–12

Movie Making 101

6 weeks • Ages 8–14

Lights, camera, LEGO® action! Use LEGO® Bricks to tell your story, complete with music, special effects, and your favorite mini-figure characters. In this creative class, students will work with a partner to plan, storyboard, stage, shoot, and produce their own mini-movie. Using movie-making software to add special effects, titles, credits, and more. The last class session we will impress family and friends with a movie screening party.

Instructor: Bricks 4 Kidz® Staff

#1583.100 Th 4:00–5:30 pm 4/3–5/8 **\$120 EVCC

**\$10 Material fee due at first class (cash only)

MUSICSTAR® Recording Workshop

Workshop • Ages 12–17

MUSICSTAR® Recording Workshop is an in-depth, hand-on, and educational exploration of the recording arts. Students will get the rare opportunity to dive into the science, techniques, and equipment used for crafting, mixing, and processing music. Each student will get the chance to express themselves through their music. All equipment is provided.

Instructor: MUSICSTAR® Staff

#1584.100 Sa 11:00–2:00 pm 4/12 **\$49 MCC

**\$20 Material fee due at first class (cash only)

Keep Up With Escondido Recreation Events!

Join us on Facebook to stay up to date with Escondido Recreation. We hope to see you there!



[Facebook.com/EscondidoRecreation](https://www.facebook.com/EscondidoRecreation)

Beginning Ukulele

6 weeks • Ages 14–Adults

Students will learn chords and rhythms to play their favorite songs. No musical experience is necessary. Five to six classic and contemporary songs will be learned plus more that are suggested by students.

Instructor: Gene Meregillano, Ubiquitous Music

#2249.100 M 6:00–7:00 pm 4/7–5/12 **\$60 MCC

**\$8 Material fee due at first class (cash only)

MUSICSTAR® Youth Guitar

5 weeks • Ages 7–15

Learn to play one of the world's most popular instruments with kids your age! Perfect for beginners, this class requires no experience and students will learn to play basic chords and simple melodies in a fun environment. No guitar? No problem. Teacher approved guitars can be rented or purchased from MUSICSTAR® one week before class begins.

Instructor: MUSICSTAR® Staff

#1327.110 W 5:00–5:50 pm 4/2–4/30 **\$49 MCC

#1327.120 W 5:00–5:50 pm 5/7–6/4 **\$49 MCC

**\$20 material fee for Student Pack, which includes the Course Book and DVD, due at first class (cash only)

Youth Piano

10 weeks • Ages 8–14

Join us as we learn to play the piano. We'll learn the basics of piano and be playing songs in a few short weeks.

Instructor: Marsi Carr, Music & Theater professional with over 20 years teaching & performance experience

#1557.100 W 1:00–2:00 pm 4/2–6/4 **\$99 EVCC

**\$10 material fee due at first class (cash only); bring your own keyboard–rentals available, contact marsi@carrfamily.com



Spring Break Camp 2014 Week 1: April 14 through April 18

Week 2: April 21 through April 25

Kid's Camp

The On Track Kid's Camp provides children ages 5 to 12 the chance to develop character, learn valuable life skills, make new friends, and discover new interests! This is a fun and affordable way to send your child to camp during spring break!



Days	Monday–Friday
Times	7:00–6:00 pm
Fee	\$95 per week
Week 1	#3344.110
*Optional Field Trip 1	#3344.111—4/18, San Diego Zoo's Safari Park, \$25
Week 2	#3344.120
*Optional Field Trip 2	#3344.121—4/25, Boomers, \$25

*Must be enrolled in camp to enroll in field trip for that week.

Counselor in Training Program

The Counselor in Training (C.I.T.) Program is designed to teach teens ages 13 to 15 valuable job skills and give participants the opportunity to utilize their skills while working with the kids in the Kid's Camp Program. The C.I.T. participants will enjoy games, crafts, and a variety of team building activities that will ensure them not only a valuable learning experience but an unforgettable spring break! This program is filling up fast, so be sure to reserve your teen's space today!

C.I.T.
Counselor In Training

Days	Monday–Friday
Times	9:00–5:00 pm
Fee	\$85 per week, Includes C.I.T. shirt & field trips
Week 1	#3376.110
Week 2	#3376.210

Ballet Recital

Students enrolling in spring ballet classes will participate in Escondido Recreation's annual ballet recital on Saturday, June 7, at the California Center for Performing Arts Concert Hall.



The mandatory dress rehearsal will be held on Thursday, June 5 from 4:00–7:00 pm. A costume fee of \$35–\$40 will be due to the instructor at the second class.

If you are unable to participate in the recital, please register for the summer session of ballet classes.

Ballet

10 weeks • Ages 4–Adult

Let your child experience the joys of dancing! These ballet classes teach poise, coordination, and classical ballet technique in a positive and imaginative atmosphere.

Instructor: Cindy Ahler

Pre Ballet

							Ages
#1310.115	Th	3:45–4:30 pm	4/3–6/5	\$95	EVCC		4–5
#1310.102	Sa	9:30–10:15 am	4/5–6/7	\$95	EVCC		4–5

Fundamentals of Ballet

#1310.101	T	3:45–4:30 pm	4/1–6/3	\$95	EVCC		5–7
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Beginning Ballet

#1310.105	Sa	10:15–11:15 am	4/5–6/7	\$95	EVCC		6–10
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Ballet 1/2/3 (prerequisite Beg. Ballet)

#1310.107	Sa	11:15–12:15 pm	4/5–6/7	\$95	EVCC		7–11
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Ballet 3/4/5

#1310.106	W	4:30–5:45 pm	4/2–6/4	\$95	EVCC	**8–17	
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Advanced Ballet

#1310.112	Th	4:30–5:45 pm	4/3–6/5	\$95	EVCC	***10–Adult	
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Pointe (concurrent enrollment in Advanced or 3/4/5 required)

#1310.110	T	4:30–5:45 pm	4/1–6/3	\$95	EVCC	**10–Adult	
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**Instructor approval required.

***Advanced Ballet open to adults

Hip Hop

10 weeks • Ages 6–17

This fun, interactive, and energetic dance class teaches students hip hop rhythmic moves while they are inspired and uplifted. Students will gain confidence, strength, and knowledge in hip hop dance. All skill levels are welcome!

Instructor: Toyka Whitley, experienced children's hip hop dance and choreography instructor

							Ages
#1356.100	Sa	11:00–11:45 am	*4/5–6/14	\$75	MCC		6–8
#1356.101	Sa	10:00–11:00 am	*4/5–6/14	\$79	MCC		9–17

*No class 4/19

Gymnastics Tumble Kids

5 weeks • Ages 5–13

Let's tumble! Our fun-filled class focuses on all aspects of tumbling. Students will learn the basics of gymnastics including somersaults, handstands, and cartwheels. We use fun mats in different shapes, floor balance beams, small trampolines, and more to help learn and improve skills. This class is great for both boys and girls, and all levels of experience are welcome!

Instructor: Flip to Cheer staff

#1444.110	W	6:00–6:45 pm	4/2–4/30	\$50	PACC		
#1444.120	W	6:00–6:45 pm	5/7–6/4	\$50	PACC		

Cheernastics–Pommettes

5 weeks • Ages 8–12

Intermediate: S-P-I-R-I-T! Enroll your future cheerleaders in this fun filled class! New students will learn all of the cheerleading basics and our returning students will continue to work on the basics of cheerleading including fun jumps, spirits, cheers, and pom dances. Students in our intermediate class will learn more advanced jumps and cheers. Students will also continue working on their gymnastics, starting at their level, with the goal of learning cartwheels, round-offs, and back walkovers when they are ready. This is a fantastic class for every future cheerleader. Students will have opportunities to perform at local events.

Instructor: Flip to Cheer Staff

#1448.113	W	5:10–5:55 pm	4/2–4/30	**\$50	PACC		
#1448.123	W	5:10–5:55 pm	5/7–6/4	**\$50	PACC		

**\$20 fee for pom poms (optional)

Instructors Wanted!

We need fun and talented instructors for these exciting programs!

Contact Escondido Recreation at 760.839.4691 or recreation@escondido.org to get involved!

- Zumba for Kids
- Social Media Safety
- Specialty Classes
- Gardening
- Dog Obedience
- Ballet Folklorico
- Image/Color Advising
- Hula

Youth Tennis

5 weeks • Ages 7–14

Give your child the opportunity to learn a lifelong sport, develop hand-eye coordination and agility, and build self-confidence. Children will learn basic strokes in a fun and supportive group lesson. Bring tennis racquet and one can of new, unopened “extra duty” tennis balls.

Instructor: Andre Rerolle

Session 1

						Ages
#1426.113 Beg.	T	3:30–4:30 pm	4/1–4/29	\$45	KCP 7&8	7–10
#1426.114 Beg/Int.	T	4:30–5:30 pm	4/1–4/29	\$45	KCP 7&8	11–14
#1426.115 Beg.	Th	3:30–4:30 pm	4/3–5/1	\$45	KCP 7&8	7–10
#1426.116 Beg/Int.	Th	4:30–5:30 pm	4/3–5/1	\$45	KCP 7&8	11–14

Session 2

#1426.123 Beg.	T	3:30–4:30 pm	5/6–6/3	\$45	KCP 7&8	7–10
#1426.124 Beg/Int.	T	4:30–5:30 pm	5/6–6/3	\$45	KCP 7&8	11–14
#1426.125 Beg.	Th	3:30–4:30 pm	5/8–6/5	\$45	KCP 7&8	7–10
#1426.126 Beg/Int.	Th	4:30–5:30 pm	5/8–6/5	\$45	KCP 7&8	11–14

Saturday Youth Tennis

5 weeks • Ages 7–14

Saturday youth tennis is here. Children will learn basic strokes, scoring, and sportsmanship in these group lessons. Tennis is a great way to keep your child physically active while learning a lifetime sport. Bring tennis racquet and one can of new, unopened “Extra Duty” tennis balls.

Instructor: Andre Rerolle

Session 1

#1427.114	Sa	10:00–11:30 am	4/5–5/3	\$45	MVP 1&2
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Session 2

#1427.124	Sa	10:00–11:30 am	5/10–6/7	\$45	MVP 1&2
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Tae Kwon Do

11 weeks/2 days • Ages 6–Adult

Develop physical and mental discipline, strength, endurance, and coordination. Learn the Korean martial art of Tae Kwon Do (kicks, blocks, punching), Hapkido (joint locking techniques), Yudo (throwing and grappling) and basic weapons. Become more confident and learn basic self-defense techniques. An all white martial arts uniform is required and may be purchased from the instructor for \$20.

Instructor: Skip Leonard, Certified by WTF, City of Escondido Instructor for 20 years

#2613.102	M/Th	5:00–6:00 pm	*3/31–6/11	\$99	MCC
#2613.103	M/Th	6:15–7:15 pm	*3/31–6/11	\$99	MCC
#2613.104	M/Th	7:30–8:30 pm	*3/31–6/11	\$99	MCC

*No class 5/26

Beginning Ice Skating

8 weeks • Ages 6–16

This class is designed for kids who would like to try ice skating. They will learn basic skating skills through creative games and drawings on the ice. The emphasis is to learn basic skating skills and safety while having fun!

Instructor: Ice-Plex staff

#1406.111	F	4:15–4:45 pm	4/4–5/23	**\$85	ICE
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**Includes skate rental and public skating from 3:15–5:15 pm on day of class

Fencing for Beginners

7 weeks • Ages 8–16

Fencing is the Olympic sport that is the art of fighting with swords. In this class students will learn the history of fencing, which will lead to the hands-on learning of the modern fencing. Students will explore fencing weapons, basic fencing knowledge, rules, footwork, tactics, strategy, duel, safety, team, and individual fencing.

Instructor: Sergey Kobzar, San Diego Fencing Center, Master of Fencing, USFA Professional Coach

#1415.100	F	3:00–4:00 pm	4/25–6/6	**\$65	SDFC
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**\$15 Material fee due at first class (cash only)

Beginning Archery

4 weeks • Ages 8–Adult

Come experience the powerful excitement of shooting a bow! Students will gain knowledge of archery as a sport, learn about required equipment, and practice current techniques. Safety rules and procedures will be taught and enforced. All equipment is provided and recurve bows will be used.

Instructor: Rho Desmore, Level 4-NTS Coach, ASEP Certified in Coaching Principals

#1477.101	Sa	8:30–10:00 am	*4/5–5/3	**\$96	MVP
#1477.102	Sa	10:15–11:45 am	*4/5–5/3	**\$96	MVP

*No class 4/19

**\$20 Material fee due at first class (cash only)





ACE Riptides Competitive Water Polo Club

Ages 18 years & Under



The club is comprised of some of the top water polo players, not only in Escondido but all of North County! This is an excellent opportunity for athletes to maintain physical conditioning and improve skills. Athletes will practice twice a week with conditioning practice on a third day. League and tournament play will be announced at the beginning of the season. The 18U and 16U teams are preparing for a seat in the Junior Olympics.

Instructor: Certified USA Water Polo Coach, Kevin Weinberger

Location: WP

Boys 18U

4155.110 Fee: \$325 3/3-5/14 M/W/F 7:00-9:00 pm

Boys 16U

4155.120 Fee: \$325 3/6-5/17 Th/F 7:00-9:00 pm
Sa 11:00-1:00 pm

Girls 18U

4157.110 Fee: \$325 3/4-5/17 T/F 7:00-9:00 pm
Sa 9:00-11:00 am

Coed 14U (Formerly Grommets)

4150.110 Fee: \$200 3/24-5/17 Tu/Th 6:30-7:30 pm
Sa 1:00-3:00 pm

**All Riptides schedules are tentative until the number of participants in each group is confirmed.*

**Riptides Coaches will make final decision as to which level of play is appropriate for each athlete.*

**Riptides players participating in this spring season are eligible to try-out for the JO team. The JO team will be an additional fee.*

**Players must be registered with USA Water Polo. Memberships can be obtained at www.usawaterpolo.org, club ID #19580.*

ACE Makos Swim Club

The club aims to embrace not only the elite swimmer but the novice swimmer as well. This is an excellent way to improve swimming techniques, get fit, and make new friends in a team environment. Swimmers must be able to swim 25 yards independently.



Stop by to get additional information or come prepared to swim for club placement. Swimmers must have a waiver signed by a parent/guardian prior to entering the water.

Open House: Monday (3/17) through Thursday (3/20), 5:00-6:00 pm

Practices Held: Monday-Friday 5:00-7:00 pm
Washington Park Pool

This club is year round but seasonal swimmers are welcome!

Long Course Season: 3/17-8/15

Short Course Season: 9/8-3/15

Club fees are as low as \$60 per month.

For more information call 760.839.4204 or visit ACE.escondido.org



Summer Swim League will return in June!

Adult, Child, & Infant CPR/AED

Ages 15–Adult

Everyone needs to know how to save a life. In this American Red Cross course, participants learn how to perform CPR and care for breathing and cardiac emergencies in adults, children, and infants. Participants will also learn how to use an automated external defibrillator (AED) on adult, children, and infant victims of cardiac arrest.

Registration/refund deadline: 5/1

Instructor: ARC Certified Instructor

#4826.100 Sa 8:00–2:00 pm 5/3 **59 EVCC

***Fee includes certificate of completion*



American Red Cross Lifeguard Training/Title 22 Certificate Course

Ages 15–Adult

Lifeguarding puts you in an exciting position, working as part of a team to help people safely enjoy the water. This course trains students in surveillance skills to help you recognize and prevent injuries, rescue skills in the water and on land, first aid training and CPR for the professional rescuer, as well as professional lifeguarding responsibilities. The American Red Cross Lifeguard training course makes learning fun and easy.

Instructor: Ashley Nijinski, LGIT, WSIT

#4282.101 Sa/S 8:00am–6:00pm 3/1–3/9 *\$325 WP

#4282.102 M-F 8:00am–6:00pm 4/14–4/18 *\$325 WP

**Includes materials*

Scholarships available, contact 760.839.4204 for more information .

Prerequisites

Swim 300 yards continuously, demonstrating rhythmic breathing and stabilization, propellant kick (Rhythmic breathing can be performed either by breathing to the side or front). Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 7–10 feet, retrieve a 10–pound object, return to the surface, and swim 20 yards back to the starting point, and exit the water within 1 min 40 sec. Tread water, legs only, for 2 minutes.

“I don’t know you, but I would risk everything for you!”



Now Recruiting City of Escondido Lifeguards!

Now recruiting aquatic staff to be a part of Escondido Recreation’s award winning programs. Enjoy your summer working as a team while making pools a safer place. Positions available for Lifeguards, Water Safety Instructors, and Coaches.

Job descriptions can be found at agency.governmentjobs.com/Escondido. Please call 760.839.4204 for questions or additional information.

Learn-to-Swim Spring Program

Learn-to-Swim classes are taught by certified instructors.

Dates Saturdays, April 26–May 24
5 weeks, 40-min. classes

Location James Stone Pool (JSP)
131 Woodward Ave.

Please note: Registration will not be accepted at James Stone Pool. Please follow the registration procedures on pages 30 & 31

Me & My Shadow Parent/Child

Ages 6 months–3 years • Fee: \$44

Me & My Shadow is designed to develop a high comfort level in and around the water. Emphasis is on water adjustment, swimming readiness, fun and enjoyment in the water. A high level of parent participation is required.

#4200.101 10:00–10:40 am
#4200.102 2:40–3:20 pm

Grunion 1

Ages 3 & 4 • Fee: \$44

This preschool-aged class promotes water exploration and comfort in the water, and is for children with little or no experience. Skills include water entry and exit, breath control, supported front glides and back floats, and safety through fun and games.

#4210.101 9:10–9:50 am
#4210.102 1:00–1:40 pm
#4210.103 1:50–2:30 pm

Grunion 2

Ages 3 & 4 • Fee: \$44

This class is held in the shallow end of the pool for preschool-aged children and is for children who have successfully completed Grunion 1 or are VERY comfortable in the water. The focus is to move comfortably through water, execute supported front/back glides and floats, and swim using combined arm and leg action with support.

#4220.101 10:00–10:40 am
#4220.102 10:50–11:30 am
#4220.103 1:00–1:40 pm
#4220.104 2:40–3:20 pm

Jellyfish

Ages 3 & 4 • Fee: \$44

This class builds on the skills taught in Grunion 1 and 2 providing additional guided practice with increased distances and times. Participants will focus on breath control, unassisted front/back floats and glides, recovery from floats/glides, and elementary coordination of front crawl.

#4225.101 10:00–10:40 am

Duck

Ages 5–16 • Fee: \$44

Level 1 is for children with little or no swimming experience. The focus of this class is to move comfortably through water, fully submerge face in water, and execute supported front and back kicking and floating.

#4230.101 9:10–9:50 am
#4230.102 10:50–11:30 am
#4230.103 1:50–2:30 pm
#4230.104 2:40–3:20 pm



Dolphin

Ages 5–16 • Fee: \$44

Level 2 is for children who have successfully completed the skills of level 1. This level focuses on fundamental aquatic skills ranging from breath control, unassisted front/back floats and glides, to elementary coordination of front crawl.

#4232.101	9:10–9:50 am
#4232.102	10:00–10:40 am
#4232.103	10:50–11:30 am
#4232.104	1:00–1:40 pm

Starfish

Ages 5–16 • Fee: \$44

Level 3 is designed to promote stroke development and provide guided practice in deep water. Skills taught include rotary breathing, front crawl, elementary backstroke, and head first entry from kneeling position. Participants must have passed dolphin or be able to swim 5 yards independently.

#4240.101	9:10–9:50 am
#4240.102	1:00–1:40 pm
#4240.103	2:40–3:20 pm

Seahorse

Ages 5–16 • Fee: \$44

Level 4 is a stroke improvement course, which focuses on developing confidence in front and back crawl, improving aquatic skills such as diving and turns, and introduction of elementary backstroke, breaststroke, sidestroke, and butterfly. Participants must be able to swim front crawl and backstroke independently for 15 yards to participate.

#4250.101	1:50–2:30 pm
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Seals

Ages 5–16 • Fee: \$44

Level 5 focuses on stroke coordination and refinement of all key strokes for increased distance. Advanced techniques such as shallow angle dives, surface dives, and flip turns will be introduced. Participants must be able to swim front crawl 25 yards, elementary backstroke 25 yards, and breaststroke 15 yards.

#4260.101	10:50–11:30 am
#4260.102	1:50–2:30 pm

Summer Aquatic Programs Begin June 2!

Learn-to-Swim Registration will begin in May. Summer classes fill up early, so register early!

In order to assist you in determining the appropriate level for your child, swim testing is available on the following days.

- Saturday, April 5 at the April Pools Day event (See below)
- Saturday, May 17 at James Stone Pool 11:30 am–1:00 pm



FREE Water Safety Event and Expo
Saturday, April 5, 2014

Free Swim Lesson • Lifeguard Demonstration • Lifesaving

Parents and Pool Owners encouraged to participate!

Two North County Locations:

Washington Park Pool: 760.839.4204
501 North Rose Street
Escondido, CA 92027
9:00 am–12:00 pm

Las Posas Pool: 760.744.9000 x3505
1387 West Borden Road
San Marcos, CA 92069
1:00 pm–4:00 pm



Safety Awareness & Self-Defense

Option 1 • Ages 13*–Adult

This two-hour course will teach you the basics to help avoid being the victim of a crime. We will explain danger cues and awareness, and you will learn simple self-defense techniques that can help you escape a physical attack. Other topics will include identity theft, home safety, and legal options for self-defense. There will be no physical participation in this class.

Instructor: Lieutenant Al Owens, police officer for 17 years and Defensive Tactics Instructor for 15 years

#2152.100 W 6:30–8:30 pm 4/16 \$15 PACC

**Recommended that 13 & 14 year-olds attend with an observing adult*

Safety Awareness & Self-Defense

Option 2 • Ages 13*–Adult

We begin with a review of the Option 1 course and then move into some practical application of self-defense techniques described in Option 1. Class will concentrate on form, while building confidence and having fun. All techniques will be controlled and performed at low-intensity to avoid injuries. This class is geared toward students who have little or no experience with martial arts, boxing, or grappling.

Instructor: Lieutenant Al Owens, police officer for 17 years and Defensive Tactics Instructor for 15 years

#2153.100 W 6:30–8:30 pm 4/23 \$15 PACC

**Recommended that 13 & 14 year-olds attend with an observing adult*

Beginning Guitar

8 weeks • Ages 11–17

This is an excellent class for you to learn how to play the guitar from the beginning. You will learn how to play the guitar & read music. Guitar is a valuable skill that you can enjoy forever. Please bring acoustic guitar. If you do not have one, please contact the Ubiquitous Music ahead of time to arrange purchase or rental 760.889.2137.

Instructor: Chris Soto, Ubiquitous Music

#1055.100 M 3:45–4:45 pm *4/7–6/2 **\$75 EVCC

**No class 5/26*

***\$8 Material Fee due at first class (cash only)*

Intermediate Guitar

8 weeks • Ages 11–17

Students will learn chords and rhythms to play their favorite songs. No musical experience is necessary. Five to six classic and contemporary songs will be learned plus more that are suggested by students. Please bring acoustic guitar.

Instructor: Jeremiah Brewer, Ubiquitous Music

#2248.100 M 5:00–6:00 pm *4/7–6/2 **\$75 MCC

**No class 5/26*

***\$8 Material fee due at first class (cash only)*

Continuing Guitar

6 weeks • Ages 16–Adults

This class is not geared for beginners. Participating students should be familiar with bar chords. This class will adjust its scope to suit the playing level and interests of the students, learning shapes, patterns, and theory for all genres. Improvisation and various chord forms will be studied. Please bring acoustic guitar to class.

Instructor: Sam Robertson, Ubiquitous Music

#2250.100 T 5:30–7:00 pm 4/8–5/13 **\$60 MCC

***\$8 Material fee due at first class (cash only)*

MUSICSTAR® Glee

6 weeks • Ages 11–17

This is the Ultimate Vocal Learning Experience that allows students to explore their individual talents, learn from industry professionals, and grow as performers with a group and as soloists. MUSICSTAR® Glee provides an exhilarating experience that emulates a professional music performance environment. While rehearsing musical material and preparing for a showcase, students receive valuable inside knowledge and guidance on successful auditioning techniques, learn about their personal strengths, learn to improve voice range and quality, and learn how to transform themselves into true performers! The thrill of truly moving an audience with your performance is like no other.

Instructor: MUSICSTAR® Staff

#1617.100 W 3:30–4:30 pm 4/9–5/14 **\$69 MCC

***\$20 Material fee due at first class (cash only)*

Youth Piano

10 weeks • Ages 8–14

Join us as we learn to play the piano. We'll learn the basics of piano and be playing songs in a few short weeks.

Instructor: Marsi Carr, Music & Theater professional with over 20 years teaching & performance experience

#1557.100 W 12:00–1:00 pm 4/2–6/4 **\$99 EVCC

***\$10 material fee due at first class (cash only); bring your own keyboard—rentals available, contact marsi@carrfamily.com*

MUSICSTAR® Recording Workshop

Workshop • Ages 12–17

MUSICSTAR® Recording Workshop is an in-depth, hand-on, and educational exploration of the recording arts. Students will get the rare opportunity to dive into the science, techniques, and equipment used for crafting, mixing, and processing music. Each student will get the chance to express themselves through their music. All equipment is provided.

Instructor: MUSICSTAR® Staff

#1584.100 Sa 11:00 am–2:00 pm 4/12 **\$49 MCC

***\$20 Material fee due at first class (cash only)*

Anime Drawing

8 weeks • Ages 11–17

Anime art is the Japanese animation which is a specialized field usually hand-drawn, similar to cartoon drawing. The anime art style is often characterized by colorful graphics, vibrant characters, and fantastic themes. Students will learn the essence of anime art and will recreate their favorite anime characters as well as design their own.

Instructor: MUSICSTAR® Staff

#1646.100 Th 3:45–4:45 pm 4/10–5/29 **\$80 EVCC

**\$15 Material fee due at first class (cash only)

Makeup 101

Ages 16–Adult

Makeup 101 is for people who want to learn the basic steps to be your own makeup artist. This class will educate you in makeup application and foundation selection, including a basic understanding of face shapes, bone structures, hues and what eye shadows to use. The class will cover day and evening looks, plus natural, bold and trendy runway looks. You will learn how to correct and reshape brows, as well as how to apply eye lashes. You will learn blending techniques, shading and contouring to create the most glamorous looks. Step by step application designed to get ultimate supervision from the instructor.

Instructor: Michelle Jackson, Certified Makeup Artist and Medical Esthetician

#2188.100 Sa 9:00–11:30 am 4/19 **\$59 EVCC

**\$30 material fee due at workshop (cash only)

Babysitter's Training

Workshop • Ages 11–18

The American Red Cross created this course to prepare babysitters for this important job. Components include a guide to leadership, the business aspect of babysitting, and how to keep yourself and the children safe while on the job. Participants will learn about child development, encouraging positive behavior, and discipline techniques. Know how to handle all the essentials of basic child care, and if an emergency occurs, be ready with basic first aid training; including how to deal with breathing emergencies and an introduction to CPR skills. Students will receive an American Red Cross book and certification card.

Instructor: Blythe Paley, Red Cross Certified

#1604.100 Sa 9:00–3:00 pm 4/26 **\$48 EVCC

**\$17 material fee due at first class (cash only)

Hip Hop

10 weeks • Ages 6–17

This fun, interactive, and energetic dance class teaches students hip hop rhythmic moves while they are inspired and uplifted. Students will gain confidence, strength, and knowledge in hip hop dance. All skill levels are welcome!

Instructor: Toyka Whitley, experienced children's hip hop dance and choreography instructor

							Ages
#1356.100	Sa	11:00–11:45 am	*4/5–6/14	\$75	MCC	6–8	
#1356.101	Sa	10:00–11:00 am	*4/5–6/14	\$79	MCC	9–17	

*No class 4/19

Youth Acting

10 weeks • Ages 11–16

We'll learn the craft of acting: blocking, projecting, cold reading, how to work with props, how to express emotions with honesty, and much more. Come join us!

Instructor: Marsi Carr, Over 20 years teaching and performing experience. UCLA Theatre and Music graduate

#1606.100 F 4:15–5:15 pm 4/4–6/6 **\$100 EVCC

**\$10 Material Fee due at first class (cash only)

Tae Kwon Do

5 weeks • Ages 11–17

Develop physical and mental discipline, strength, endurance and coordination. Learn the Korean Martial art form of Tae Kwon Do (kicks, blocks, punching), Hapkido (joint locking techniques), & Yudo (throwing and grappling), and basic weapons. Become more confident and learn basic and advanced self-defense techniques. An all-white martial arts uniform is required and may be purchased from the instructor for \$20.

Instructor: Skip Leonard, Certified by WTF, City of Escondido Instructor for 20 years.

Session 1

#1056.110 W 12:30–1:50 pm 4/2–4/30 \$30 EVCC

Session 2

#1056.120 W 12:30–1:50 pm 5/7–6/4 \$30 EVCC

Look for these other great teen classes and programs!

- Ukulele, page 9
- Ballet, page 10
- Beginning Ice Skating, page 11
- Tae Kwon Do, page 11
- Aquatics, pages 12–15
- Tennis, page 22
- POUND: Rockout Workout™, page 22
- Zumba, page 23
- Zumba Toning, page 23
- Arena Soccer, page 26
- Roller Hockey, page 27



Mommy & Me Tumble Time

Moms, it's time to bond with your little toddler.

See page 6

Parent & Child: Lego Creations

These classes are designed to create a time of fun, learning, and bonding between the preschool child and parent or other care-giver.

See page 7

Me & My Shadow Parent/Child Aquatics

Develop a high comfort level in and around the water. Emphasis is on water adjustment, swimming readiness, fun and enjoyment in the water.

See page 14

Safety Awareness & Self Defense

Become aware of danger cues, learn self-defense techniques, practice building confidence, and more.

See page 16

Makeup 101

Practice makeup application under the advisory of an experienced makeup artist.

See page 19

Guitar and Piano

Learn, practice, or perfect your skills on the two most popular instruments around.

See page 19

Tae Kwon Do

Kick this year off to a great start by developing strength, endurance, coordination and discipline in this family friendly class.

See page 20

Beginning Archery

Come experience the power of shooting a bow!

See page 21

Tennis

Learn the serve, forehand, backhand, the rules, and etiquette as a family.

See page 22

POUND: Rockout Workout™

Rockout while you workout, classes combine cardio, strength training, and Pilates with drumming to achieve a full body workout.

See page 22

Successful Aging

5 weeks • Adults

In order for you to age successfully, you must be healthy both mentally and physically. It's important to understand what happens to the body as it ages. With knowledge comes power! Improve your health as you age by learning what happens and what to do about it.

Instructor: Stacie Lemmons, Masters of Gerontology

#2163.100 Th 5:30–6:30 pm 4/24–5/22 \$40 PACC

Acrylic and Soft Pastel Painting

6 weeks • Adult

This acrylic class will focus on tone painting and how to see tone. We will learn color glazing, and finally we will work on matching tone and mixing color by passing color through gray. Reference materials will be provided. All skill levels welcome! Individual instruction and demonstrations will occur. On the final class we will kindly discuss each other's work and have a small art show in the classroom.

Instructor: Kathy Aldrich, Award winning artist and member of the EAA with 20 years of teaching experience

#2357.100 Sa 10:30–12:00 pm *4/12–5/24 **\$75 EVCC

*No Class 4/19

*\$15 Material Fee due at first class (cash only)

Creative Quilts with Children's Artwork

Workshop • Adults

Putting your child's artwork on the refrigerator is great but, why not preserve your favorite works of art forever? Learn how to transform your child's artwork into a wall quilt that you and your family can enjoy all year-round.

Instructor: Stacie Lemmons

#2339.100 Sa 9:00 am–12:00 pm 5/17 \$60 PACC

Makeup 101

Workshop • Ages 16–Adult

Makeup 101 is for people who want to learn the basic steps to be your own makeup artist. This class will educate you in makeup application and foundation selection, including a basic understanding of face shapes, bone structures, hues and what eye shadows to use. The class will cover day and evening looks, plus natural, bold and trendy runway looks. You will learn how to correct and reshape brows, as well as how to apply eye lashes. You will learn blending techniques, shading and contouring to create the most glamorous looks. Step by step application designed to get ultimate supervision from the instructor.

Instructor: Michelle Jackson, Certified Makeup Artist and Medical Esthetician

#2188.100 Sa 9:00–11:30 am 4/19 **\$59 EVCC

**\$30 material fee due at workshop (cash only)

Continuing Guitar

6 weeks • Ages 16–Adults

This class is not geared for beginners. Participating students should be familiar with bar chords. This class will adjust its scope to suit the playing level and interests of the students, learning shapes, patterns, and theory for all genres. Improvisation and various chord forms will be studied. Please bring acoustic guitar to class.

Instructor: Sam Robertson, Ubiquitous Music

#2250.100 T 5:30–7:00 pm 4/8–5/13 **\$60 MCC

**\$8 Material fee due at first class (cash only)

Adult Piano

10 weeks • 16–Adults

Join us as we learn to play the piano! Beginning and returning piano players will learn the basics and how to play songs by reading and by ear. We'll play fun and familiar tunes and enjoy a performance at the end of the course.

Instructor: Marsi Carr, Music & Theater professional with over 20 years teaching & performance experience

#2245.100 W 1:00–2:00 pm 4/2–6/4 **\$99 EVCC

**\$10 material fee due at first class (cash only); bring your own keyboard–rentals available. Contact marsi@carrfamily.com

MUSICSTAR® Adult Guitar

5 weeks • Ages 16–Adult

Learn how to play one of the world's most popular instruments! Perfect for beginners, this class requires no experience and students will learn to play basic chords and simple melodies in a fun environment. No guitar? No problem. Teacher approved guitars can be rented or purchased from MUSICSTAR® one week before class begins.

Instructor: MUSICSTAR® Staff

Session 1

#2247.110 W 6:00–6:50 pm 4/2–4/30 **\$49 MCC

Session 2

#2247.120 W 6:00–6:50 pm 5/7–6/4 **\$49 MCC

**\$20 material fee for Student Pack (cash only), which includes the Course Book and DVD due at first class

Beginning Ukulele

6 weeks • Ages 14–Adults

Students will learn chords and rhythms to play their favorite songs. No musical experience is necessary. Five to six classic and contemporary songs will be learned plus more that are suggested by students.

Instructor: Gene Meregillano, Ubiquitous Music

#2249.100 M 6:00–7:00 pm 4/7–5/12 **\$60 MCC

**\$8 Material fee due at first class (cash only)



Safety Awareness & Self-Defense Option 1

Ages 13*–Adult

This two-hour course will teach you the basics to help avoid being the victim of a crime. We will explain danger cues and awareness, and you will learn simple self-defense techniques that can help you escape a physical attack. Other topics will include identity theft, home safety, and legal options for self-defense. There will be no physical participation in this class.

Instructor: Lieutenant Al Owens, police officer for 18 years and Defensive Tactics Instructor for 16 years

#2152.100 W 6:30–8:30 pm 4/16 \$15 PACC

**Recommended that 13 & 14 year-olds attend with an observing adult*

Safety Awareness & Self-Defense Option 2

Ages 13*–Adult

We begin with a review of the Option 1 course and then move into some practical application of self-defense techniques described in Option 1. Class will concentrate on form, while building confidence and having fun. All techniques will be controlled and performed at low-intensity to avoid injuries. This class is geared toward students who have little or no experience with martial arts, boxing, or grappling.

Instructor: Lieutenant Al Owens, police officer for 18 years and Defensive Tactics Instructor for 16 years

#2153.100 W 6:30–8:30 pm 4/23 \$15 PACC

**Recommended that 13 & 14 year-olds attend with an observing adult*

Adult Ballet

10 weeks • Ages 15–Adult

Ballet is not just for kids! We will practice basic barre exercises, stretches, and center combinations to beautiful music. This class is designed to improve strength, flexibility, coordination, and balance.

Instructor: Cindy Ahler

#2203.101 Beg./Int. W 7:10–8:10 pm 4/2–6/4 \$90 EVCC

#2203.102 Beg./Int. W 6:10–7:10 pm 4/2–6/4 \$90 EVCC

Tae Kwon Do

2 days/11 weeks • Ages 6–Adult

Develop physical and mental discipline, strength, endurance, and coordination. Learn the Korean martial art of Tae Kwon Do (kicks, blocks, punching), Hapkido (joint locking techniques), Yudo (throwing and grappling) and basic weapons. Become more confident and learn basic self-defense techniques. An all white martial arts uniform is required and may be purchased from the instructor for \$20.

Instructor: Skip Leonard, Certified by WTF, City of Escondido Instructor for 20 years

#2613.102 M/Th 5:00–6:00 pm *3/31–6/11 \$99 MCC

#2613.103 M/Th 6:15–7:15 pm *3/31–6/11 \$99 MCC

#2613.104 M/Th 7:30–8:30 pm *3/31–6/11 \$99 MCC

**No class 5/26*

Pilates Barre Fusion

5 weeks • Adults

An energizing fusion of 30 minutes Barre work, 20 minutes Pilates mat work and 10 minutes of stretching. A low-impact, light cardio workout designed to increase core stability and strength while sculpting your body and improving posture. Bring a yoga mat and a hand towel.

Instructor: Kerry Hutchinson, Pilates Mat Certified

Session 1:

#2651.110 F 6:30–7:30 pm 4/4–5/2 \$40 EVCC

Session 2:

#2651.120 F 6:30–7:30 pm 5/9–6/6 \$40 EVCC

Pilates Mat Class

5 weeks • Adults

Pilates mat is a great workout for the body, mind, and spirit. It is designed to strengthen while stretching the body through slow, deliberate and precise movements. Suitable for everyone, Pilates can improve posture and reduce stress.

Instructor: Kerry Hutchinson, Physical Mind Institute Certified

Session 1

#2622.113 W 6:30–7:30 pm 4/2–4/30 \$40 MCC

Session 2

#2622.123 W 6:30–7:30 pm 5/7–6/4 \$40 MCC

Nite Club Two Step

6 weeks • Adults

Nite Club Two Step is a free-flowing ballroom dance that is exciting to learn and lovely to watch. We will teach you easy patterns to get you started on the dance floor. Couples and singles are welcome. See you there!

Instructor: Gary & Marjorie Eisert, 17 years teaching experience as a couple

#2229.100 Th 8:00–9:00 pm 4/3–5/8 \$50 PACC

Beginning East Coast Swing Dance

6 weeks • Adults

Get your dancin' shoes on! You don't want to be the only one sitting when there is dancing to be done! Dancing is a fun, social activity that is also great exercise. We will have you on the dance floor in no time! Partners and singles are welcome; a rotating partner system will be used to ensure that everyone gets to dance with a partner. See you on the dance floor!

Instructor: Gary & Marjorie Eisert, 17 years teaching experience as a couple

#2235.100 Th 7:00–8:00 pm 4/3–5/8 \$50 PACC

Line Dance

6/5 weeks • Adults

Line Dance isn't just country anymore! Basically, if it has a beat, we'll dance to it! Music selection includes but is not limited to Jimmy Buffett, Train, El Simbolo, George Strait, Loretta Lynn and more. No experience or special shoes are required to join this dance class—just a desire to get moving and have fun with good people having a good time.

Instructor: Carol Stroecker

Session 1

#2200.110 T 7:00–8:30 pm 4/1–5/6 \$30 PACC

Session 2

#2200.120 T 7:00–8:30 pm 5/13–6/10 \$25 PACC

Adult Beginning Ice Skating

8 weeks • Ages 16–Adult

Has someone told you that you are too old to ice skate? Let's prove them wrong! Whether you've always wanted to ice skate but never tried, or you used to skate and want to get back into it, join us for some fun. You will learn basic skating skills, gain confidence, and learn to feel comfortable on the ice.

Instructor: Ice-Plex Staff

#2624.100 W 6:30–7:00 pm 4/2–5/21 **\$85 ICE

***Includes skate rental & public skating from 3:15–5:15 pm on day of class*



Dancing Through the Eras

5 weeks • Ages 16–Adults

This is a trip in time aerobic dance exercise. Each week there is a new dance style from the past. Some styles we may cover are Hippie, Disco, 60's. Boogie Woogie. Feel free to dress in the style if you want!

Instructor: Veronica Scheier, LA Fitness, AFAA, CPR, Fitour, Zumba, ISSA, and ACE CEC Certifications

#2652.110 T 6:00–7:00 pm 4/8–5/6 \$40 PACC

#2652.120 T 6:00–7:00 pm 5/13–6/10 \$40 PACC

Beginning Archery

4 weeks • Ages 8–Adult

Come experience the power of shooting a bow for a single 2 hour class. Students will be introduced to the basics of shooting a recurve bow similar to the bows seen in The Hunger Games and Brave. A shooting game will be played during the second hour of class. Safety rules and procedures will be taught and enforced. All equipment is provided.

Instructor: Rho Desmore, Level 4-NTS Coach, ASEP Certified in Coaching Principals

#1477.101 Sa 8:30–10:00 am *4/5–5/3 **\$96 MVP

#1477.102 Sa 10:15–11:45 am *4/5–5/3 **\$96 MVP

**No class 4/19*

***\$20 material fee due at first class (cash only)*

Reality Yoga

10 weeks • Adults

Here is a user-friendly class that combines Hatha Yoga, sports medicine stretches, and simple meditation techniques. You will learn to relax joints and ligaments, increase circulation, improve muscle tone, and calm the emotions. Yoga is a great way to avoid mental, emotional, and physical illness due to stress.

Instructor: Nina Deerfield, Naturopathic Physician, has taught for Escondido Recreation for 24 years

#2600.100 T 5:00–5:55 pm 4/1–6/3 \$100 MCC



T'ai Chi / Chi Gong

10 weeks • Adults

Reduce stress, increase energy, improve physical and mental health by learning the slow, relaxed movements of T'ai Chi & Chi Gong. You will learn how to handle stress and change, how to obtain higher energy levels, and achieve internal and external balance and harmony in your life. All fitness levels welcome.

Instructor: Nina Deerfield, Certified Master Instructor

#2601.100 T 6:00–6:55 pm 4/1–6/3 \$100 MCC

Tennis

5/10 weeks • Ages 15–Adult

Beginners (Beg.): Covers forehand, backhand, service, rules, and court etiquette for the beginning player.

Intermediate (Int.): Focuses on ground strokes and use of spins, volley, footwork, and positioning. Players should be able to rally, play out points, and have some match experience.

Advanced (Adv.): Emphasis is on advanced net play and doubles movement with a partner, for the intermediate player moving toward tournament play. Bring tennis racquet & one can of new, unopened “extra duty” tennis balls.

Instructor: Andre Rerolle

Session 1

#2401.115 Beg. W 6:00–7:30 pm 4/2–4/30 \$58 KCP 7&8

#2401.116 Int/Adv. W 7:30–9:00 pm 4/2–4/30 \$58 KCP 7&8

Session 2

#2401.125 Beg. W 6:00–7:30 pm 5/7–6/4 \$58 KCP 7&8

#2401.126 Int/Adv. W 7:30–9:00 pm 5/7–6/4 \$58 KCP 7&8

10-Week Class

#2401.105 Int. Sa 8:30–10:00 am 4/5–6/7 \$109 MVP 1&2

Shallow Water Aerobics

5/6 weeks • Adults

Are you looking for a workout that will invigorate and motivate you to come back for more? This program is designed to increase your cardiovascular capacity while firming and toning your muscles. You will leave feeling refreshed and renewed with added flexibility.

Instructor: Veronica Scheier

Session 1

#2610.110 M/W/F–3 days 12:00–12:45 pm 3/31–5/2 \$48 JSP

#2610.111 M/W/F–2 days 12:00–12:45 pm 3/31–5/2 \$40 JSP

#2610.112 M/W/F–1 day 12:00–12:45 pm 3/31–5/2 \$27 JSP

Session 2

#2610.120 M/W/F–3 days 12:00–12:45 pm *5/5–6/13 \$54 JSP

#2610.121 M/W/F–2 days 12:00–12:45 pm *5/5–6/13 \$48 JSP

#2610.122 M/W/F–1 day 12:00–12:45 pm *5/5–6/13 \$32 JSP

*No class on 5/26

Deep Water Aerobics

5/6 weeks • Adults

Getting FIT FAST will be fun and easy using the “toys” specially designed for deep water training. You will improve your cardiovascular capacity while toning and trimming your entire body. Get ready for an energized workout!

Instructor: Veronica Scheier

Session 1

#2611.110 T/Th–2 days 12:00–12:45 pm 4/1–5/1 \$40 JSP

#2611.111 T/Th–1 day 12:00–12:45 pm 4/1–5/1 \$27 JSP

Session 2

#2611.120 T/Th–2 days 12:00–12:45 pm 5/6–6/12 \$48 JSP

#2611.121 T/Th–1 day 12:00–12:45 pm 5/6–6/12 \$32 JSP

POUND: Rockout Workout™

5 weeks • Ages 16–Adult

Rockout while you workout, through POUND™ fitness class which combines cardio, strength training, and Pilates with drumming to achieve a full body workout. Using lightly weighted drumsticks, Ripstix™, you can expect to burn 500–900 calories per class and be performing over 15,000 reps per session while shifting the focus to the beat of popular radio hits rather than calories. This is great for relieving stress and transforms bodies. To learn more about POUND™, see www.poundfit.com/about. Ripstix™ will be available to use in class only.

Instructor: Cynthia Demorest

Session 1

#2635.110	M	6:15–7:00 pm	3/31–4/28	\$30	EVCC
#2635.111	Sa	9:00–9:45 am	4/5–5/3	\$30	MCC

Session 2

#2635.120	M	6:15–7:00 pm	*5/5–6/9	\$30	EVCC
#2635.121	Sa	9:00–9:45 am	5/10–6/7	\$30	MCC

*No class 5/26

Bootcamp for Zoomers

5 weeks • Adults

This is a fun and effective workout designed for all skill/experience levels. During this Medium to light pace class, we will be lifting light weights, conditioning your body, and combining some aerobic dance into the bootcamp. We will close the class down with several stretches designed to loosen you up and reduce soreness.

Instructor: Veronica Scheier, LA Fitness, AFAA, CPR, Fitour, Zumba, ISSA, and ACE CEC Certifications

Session 1

#2653.110	M	6:00–7:00 pm	3/31–4/28	\$30	PACC
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Session 2

#2653.120	M	6:00–7:00 pm	*5/5–6/9	\$30	PACC
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* No Class 5/26

Boot Camp with a Kick

5 weeks/2 days • Ages 16–Adult

Get into shape with this power-packed hour of intervals and cardio drills. This class is designed for both men and women, and all fitness levels are welcome! Be prepared to go outdoors and have some fun while getting fit. Bring handweights & a mat. *Call EVCC for trial class.*

Instructor: Angie Smith, Certified Personal Trainer-NASM

Trial Class	6:00–7:00 pm	3/20	FREE	EVCC
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Session 1

#2609.110	T/Th	6:00–7:00 pm	4/1–5/1	\$43	EVCC
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Session 2

#2609.120	T/Th	6:00–7:00 pm	5/6–6/5	\$43	EVCC
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Zumba

5/4 weeks • Ages 16–Adult

Zumba is a Latin-inspired dance fitness class that incorporates Latin and international music and dance movements. Zumba creates a party-like atmosphere that provides a non-intimidating opportunity for non-dancers and new exercisers. Come, join the fun! *Call EVCC for trial class.*

Instructor: Angie Smith, AFAA & Zumba certified

Trial Class	7:15–8:15 pm	3/20	FREE	EVCC
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Session 1

#2640.112	Th	7:10–8:10 pm	4/3–5/1	\$26	EVCC
#2640.111	M	7:10–8:10 pm	3/31–4/28	\$26	EVCC

Session 2

#2640.122	Th	7:10–8:10 pm	5/8–6/5	\$26	EVCC
#2640.121	M	7:10–8:10 pm	*5/5–6/2	\$21	EVCC

*No class 5/26

Zumba Toning

5 weeks • Ages 16–Adult

Zumba Toning takes the original Zumba dance-fitness class to the next level by utilizing an innovative muscle training protocol and the addition of light-weight toning sticks or dumbbells. This class is designed to improve overall performance and sculpt your muscles while moving to your favorite Latin rhythms. Toning sticks will be available during class only. *Call EVCC for trial class.*

Instructor: Angie Smith, AFAA & Zumba Certified

Trial Class	7:10–8:10 pm	3/18	Free	EVCC
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Session 1

#2641.110	T	7:10–8:10 pm	4/1–4/29	\$26	EVCC
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Session 2

#2641.120	T	7:10–8:10 pm	5/6–6/3	\$26	EVCC
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EVCC Gym Activities

East Valley Community Center • 2245 East Valley Parkway

Looking to play a little pick-up basketball or swat a birdie, then the EVCC gym is the place for you!

What: Basketball, Volleyball, & Badminton

When: Mondays–Saturdays

Who: All Ages or Adults Only–depending on open gym schedule

Cost: \$2 per person, per visit with current EVCC Gym ID card.
No charge for spectators accompanying minors

New: All open gym participants must have an EVCC Gym ID card for entrance. Cards have a one-time fee of \$5 and include one entrance. Lost or stolen cards will need to be replaced for an additional fee.

For the most recent schedule updates, call 760.839.4382 or visit:

- www.recreation.escondido.org/open-gym.aspx
- Follow us on twitter at twitter.com/EVCCgym

Gym schedule is subject to change without notice.



City of Escondido's 20th Anniversary Charity Golf Tournament

TUESDAY, MAY 13, 2014

Held at The Vineyard at Escondido. Proceeds will benefit Escondido Recreation's Share a Dream Scholarship Program and Youth Programs.

What's Included

- Green Fees and Cart
- Delicious Dinner
- Awards
- Tee Package, Raffle Prizes & Silent Auction



NEW for 2014

- Golf Ball Drop—\$1,000 prize

The Escondido Fire Department will be dropping golf balls from a ladder truck onto the green. The first ball that falls in the designated hole or closest to the hole will win the \$1,000 grand prize. Winner does not need to be present. Details are on the back cover of this brochure.



For more information, please call 760.839.4382 or visit Fore.escondido.org



Escondido Sports Center • 3315 Bear Valley Parkway

Skatepark



MARCH MADNESS!

CONTESTS • EVENTS • PRIZES • FUN

MARCH 9TH

Daylight Savings Begins
New Session Times!

MARCH 14TH

Pi Day
Skate for \$3.14 (We will round down to \$3!)

MARCH 15TH

"Scoot Patrick's Day"
Scooter Contest

MARCH 17TH

St. Patrick's Day
Wear green and skate for \$3

MARCH 20TH

First day of Spring
Skate for \$3

MARCH 22ND

World Water Day
A free water with every paid session

MARCH 23RD

BMX Day
Bike all day (9am-9pm) for \$10

MARCH 31ST

Maddness Giveaways
Prizes from Madd Gear given away all day

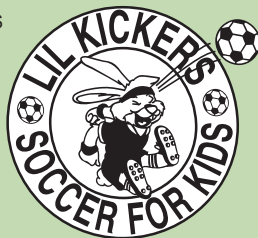




Lil' Kickers Soccer For Kids

HOP TO IT!

The Escondido Sports Center is once again teaming up with NCSP Soccer to bring Escondido residents Lil' Kickers. It is considered "the highest quality instructional-based child development soccer program in America" and the perfect preparation for youth recreational soccer leagues at the Sports Center.



Bunnies	Parent/Child	18-24 months
Thumpers	Parent/Child	2-3 years
Cottontails	Parent/Child	2½-3½ years
Hoppers	3-4 years	(Beginners)
Jackrabbits	3-4 years	(Intermediate)
Big Feet	5-6 years	(Beginners)
Micro League	4-7 years	(Instruction/Scrimmage)

Lil Sluggers Baseball For Kids

IT'S A HOME RUN!

Lil Sluggers is a child development program created to introduce children ages 2-5 to the game of baseball. Lil Sluggers classes develop important baseball skills such as throwing, fielding, hitting, and base running. Developmentally appropriate equipment and games are used to teach your child the game of baseball in a fun, exciting, and positive environment. It is the perfect preparation for Youth Baseball/Little League in Escondido and supported by the following leagues.



Mascot	Parent/Child Class—2 1/2 years old
Minors	Parent/Child Class—3 years old
Major	Beginner Class—4 years old
Hall of Famers	Beginning Class—5 years old

To register call NCSP Soccer at 858.748.4260 or register online at www.ncspsoccer.com

8 Week Class

\$104 Includes t-shirt and medal
ESC I.D. card required

8 Week Class

\$120 Includes t-shirt and medal (6:1 ratio)
ESC I.D. card required

British Soccer Spring Break Camp

Monday, April 14–Friday, April 18

First Kicks	Ages 3-4	8:30-9:30 am	\$79
Mini Soccer	Ages 4-5	9:30-11:30 am	\$105
Half Day	Ages 6-16	8:30-1:00 pm	*\$145

*Includes 30 minute supervised lunch

For more information, please contact:

Challenger Sports, Nick Howitt, 760.849.4111 or nhowitt@challengersports.com
Escondido Sports Center, Cruz Mora, 760.839.5484 or cmora@escondido.org

To register, please visit www.challengersports.com



San Diego District Roller Hockey League

SIGN UP TODAY!

- Placement Dates: March 22 & 29
- Season Dates: April 5–August 9
- 16 Games and Practices
- Playoffs and Championship
- Online League Stats
- *\$50 for 2 Jerseys (Home and Away)

Register online to guarantee your spot at sddhl.org/registration. All league participants must be registered with AAU.

Contact San Diego Sports Foundation for more details at 760.452.8440 or info@sddhl.org

***Jerseys are not included in player or team fee.**



FREE Learn to Play

TOTALLY FREE!

- Starts March 23
- Every Sunday at 10:00 am
- Gear Provided
- All Ages

10 & Under Divisions

\$195 per player

- 10 & Under: Birth Years 2004–2006
- 8 & Under: Birth Years 2006–2009
- 6 & Under: Birth Years 2008–2010

School Divisions

\$250 per player or \$2,000 team fee

- Premier 22: Birth Years 1991–1995
- Varsity: Birth Years 1996–1998
- Jr. Varsity: Birth Years 1996–2000
- Jr. High: Birth Years 2000–2003

Escondido Senior Center

Park Avenue Community Center • 210 Park Avenue, Escondido, CA
Office Hours: Monday-Friday, 8 am-3 pm • 760.839.4688

Escondido is proud to have one of the largest and most visited senior centers in San Diego County. Located at the Park Avenue Community Center, the Escondido Senior Center works with on-site partners – Escondido Senior Enterprises, the Senior Service Council Escondido, OASIS, and Escondido Recreation to offer quality activities, programs, services, and resources for adults 50 years and up. Whether your passion is to further your skills in T'ai Chi or Line Dancing, gain knowledge, give back to your community through volunteerism, or simply enjoy a delicious hot meal and good company, the Escondido Senior Center will help seniors live with confidence and vitality.

Park Avenue Café

Serving up a delicious, nutritious lunch, Monday-Friday, 11:30 am-12:15 pm, the Park Avenue Café is the place to chat and chew with friends! Advance reservation is required by calling 760.839.4803. Transportation services are available.

Social Activities

Choose from a wide variety of special events and programs, bingo, indoor shuffleboard courts, pool room, singing club, exercise and dance classes to keep you physically and mentally fit.

Lifelong Learning Opportunities

Computer classes, Enrichment Classes, Escondido Book Club, Library, AARP 55 Alive Driving Classes, Talk Tuesdays, and RSVP Volunteer Program breathe new life into learning!

Resources and Services

Health Screenings, HICAP, Job Referral, Legal Aid, Income Tax Assistance, Taxi Voucher Program, and six various Support Groups are offered through the Senior Service Council Escondido.

Travel

Leave the driving and arrangements up to us! Hop on a bus to many exciting travel destinations; choose from one-day trips and overnight multi-day trips. Brought you by Escondido Senior Enterprises Travel.

Volunteer Opportunities

What you give is what you get! Give back to our community by joining our hard working team of volunteers and staff who help provide fun and meaningful experiences for Escondido seniors.

For details on monthly activities see our *Whatcha Call It* Newsletter (located at the front desk at PACC), or visit: www.escondido.org/facilities/joslyn/index.html



Escondido Recreation Enrichment Classes

GET FIT, STAY ACTIVE, FEEL GREAT!

Join in on the fun & engaging adult classes that offer life-long learning to energize your mind and body.

- Successful AgingSee page 19
- Creative Quilts with Children’s Artwork ...See page 19
- Line Dancing.....See page 21
- Night Club Two Step.....See page 21
- Dancing through the ErasSee page 21
- Beginning East Coast SwingSee page 21
- Boot Camp for ZoomersSee page 23

Classes held at Park Avenue Community Center (PACC).



Park Avenue Community Center Facility Rentals

Keep the Park Avenue Community Center in mind for your next event. Located in downtown Escondido, this beautiful remodeled facility is perfect for your next meeting, party, seminar, training, or special event.

Facility Highlights

- Multi-use Auditorium
 - Seats up to 225 people theatre-style
 - Includes a stage
 - Attached kitchen facilities
 - Overhead stereo PA system
- Four meeting rooms
- Beautiful covered outdoor gazebo patio
- Multimedia equipment available
- Dry erase boards and screens in every room
- Convenient central location
- Free and easy parking



Please call the Park Avenue Community Center at 760.839.4688 to discuss your upcoming event.

Preregistration is required for all classes. Classes fill quickly so register early! Registration Begins Monday, March 3

5 easy ways to register NOW for Escondido Recreation classes and activities:

<p>1 Online Internet Registration</p> <ul style="list-style-type: none"> • Visit our Website, recreation.escondido.org and click on the link for Online Registration. • Complete the online registration information, pay by Visa, MasterCard, American Express, or Discover and receive an instant e-mail confirmation. <p><i>Please note: A nominal, nonrefundable, processing fee will be charged.</i></p>	<p>2 Phone-in</p> <ul style="list-style-type: none"> • Call 760.839.4691 Monday–Friday 9:00 am–4:00 pm • Pay by Visa, MasterCard, American Express, or Discover • Registration receipts will be emailed with liability waiver to sign and return to city. 	<p>3 Walk-in Two convenient locations:</p> <ul style="list-style-type: none"> • Community Services Department in City Hall, 201 North Broadway Monday–Friday 8:00 am–4:00 pm • East Valley Community Center, 2245 East Valley Parkway Monday, Wednesday, & Friday 8:30 am–5:00 pm Tuesday & Thursday 11:00 am–5:00 pm
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See registration form for Mail-in **4 or Fax-in **5** details.**

PLEASE NOTE: Registration cannot be taken in class. Most of our instructors are independent contractors so they cannot process registration; however, they do collect material fees in class (cash only). **Fees will not be prorated if you register after class has started.**

How do I request a refund or credit?

To request a refund or credit, contact the customer service staff at City Hall or the East Valley Community Center.

On-Going Classes (two classes or more)

- If you choose credit on account, you will receive 100% of the class fees, minus any classes that have occurred. This is the best value!
- If you choose a refund, a 25% service charge will be deducted from the total fee of the class. Additionally, any classes attended or missed will also be deducted.
- All requests for refunds or credits MUST be made before the last class.

One-Time Workshops

- Requests for refunds or credits MUST be made two business days before the workshop is held. Business days are Monday through Friday 8:00–5:00 pm.
- NO REFUNDS or CREDITS will be given after the deadline.
- If you choose credit on account, you will receive 100% of the class fees.
- If you choose a refund, a 25% service charge will be deducted from the total fee of the class.

Credit on account is valid for one year from issue date.

- Aquatic classes have a different transfer/refund policy. Call aquatic staff at 760.839.4204.
- On Track camps have a different refund policy. Call On Track staff at 760.839.5483.

Your satisfaction is guaranteed!

Our goal is to provide you with the highest quality recreational programs. If a class doesn't meet your expectations, we want to know about it. Please contact us as soon as possible so we can improve our service.

Requests for ADA Accommodation

Qualified individuals with disabilities who wish to participate in Escondido Recreation programs, services, or activities and who need accommodation are invited to present their requests for accommodation to the City by filling out a Request for Accommodation Form or an Inclusion Support Form for Minors; or by calling 760.839.4643, preferably at least seventy-two hours in advance of the event or activity.

Mail-In / Fax-In Registration Form

FAX-IN Registration: 760.739.7020

To receive registration confirmation, please provide a 24-hour fax number or e-mail address.

ADULT NAME (PLEASE PRINT):		PAYER NAME:	
ADDRESS:	APT. #:	CITY:	ZIP:
HOME #: ()	WORK #: ()	FAX #: ()	
E-MAIL:			

ACTIVITY REGISTRATION NUMBER		ACTIVITY TITLE	PARTICIPANT'S NAME (First and Last)	BIRTHDATE	M / F	FEE
1 st Choice	2 nd Choice					
				/ /		
				/ /		
				/ /		
				/ /		

ALL MAJOR CREDIT CARDS ACCEPTED
PRINT NAME AS IT APPEARS ON CARD: _____ CARD #: _____ EXPIRATION DATE: _____ I HEREBY AUTHORIZE THE USE OF MY CREDIT CARD: SIGNATURE: _____

SUBTOTAL	
DISCOUNT	
SCHOLARSHIP	
(TYPE) CREDIT ON ACCOUNT	
SUBTOTAL	
OPTIONAL SCHOLARSHIP DONATION*	\$1.00
TOTAL	

PLEASE READ WAIVER AND SIGN BELOW

Each adult must sign a separate waiver. A parent/guardian must sign for their children 17 and under.

I agree to indemnify, defend, and hold harmless the City of Escondido, its officers, agents, and employees from any and all loss, damage, liability, cost, or expenses arising out of or resulting from the use of equipment or property owned by or under the control of the City of Escondido whether or not that liability, loss, or damage is caused by or arises out of any act or omissions of the City of Escondido, its officers, agents or employees.

I also understand that the City of Escondido does not carry insurance to cover participants in the activities in which I, my child, or my ward is participating. I understand there are risks associated with these activities and I assume the risk of any injuries that I, my child, or my ward may sustain during any of these activities. I forever discharge the City of Escondido, its officers, agents, and employees, from my lawsuits, damages, claims or judgments resulting from any personal injuries or property damages that I, my child, or my ward may sustain while using City property or equipment, or while participating in an activity sponsored by the City of Escondido.

I understand that the City may take photographs/videos for the use in City publications, Websites, and news releases without my written consent.

Make checks payable to:

City of Escondido

and mail with form to:

Community Services Department
201 North Broadway
Escondido, CA 92025-2798

Enclose a self-addressed, stamped envelope for a receipt.

I have read the above Waiver/Release of Liability and understand it.

Participant/Parent or Guardian Signature: _____ Date: _____

Celebrate EARTH DAY 2014!

This year marks the 45th celebration of Earth Day in the United States. Senator Gaylord Nelson started Earth Day in 1970, inspired by the pictures of planet Earth taken from space in 1969. Please join us as Escondido celebrates Earth Day!

DIXON LAKE “CREEK TO BAY” CLEANUP

April 26 • 9 am–Noon

Earth Day is the perfect time to show you care about Escondido’s environment! Volunteer to help remove trash from Dixon Lake’s shorelines and trails.

By devoting just three hours of your time, you can help keep Escondido’s waterways and trails litter-free. Cleanup supplies are provided; you supply only the labor.

The event is open to all ages. Bring your friends, family, or coworkers for a fun and productive day at Dixon Lake. You’ll work hard, but you’ll leave with a smile and a sense that you’ve done something good for Earth Day.

Walk-ins are welcome, but we ask that you register online at www.creektobay.org or by calling “I Love a Clean San Diego” at 800.237.2583. See you at the lake!



FREE COMPOSTING WORKSHOP

Saturday, April 19 from 8:30–10:00 am

Learn backyard composting at a free workshop at the Escondido Community Garden. No reservations required.

Located on the west side of Centre City Parkway, just north of Highway 78. Turn west on Decatur Way into the parking lot for the Escondido Police & Fire Headquarters.

If it is raining, the workshop will be canceled.



For any questions, call the Recycling Division at 760.839.4342 or go to www.escondido.org

Time for Spring Cleaning?

You can clean up anytime using your free cleanup coupons from Escondido Disposal!

Households in incorporated Escondido receive two cleanup coupons per year. Each coupon is redeemable almost anytime during the year and is good for one free trip to Escondido Disposal's (EDI) self-haul facility. Coupons are distributed in the winter and summer editions of Environmental Times, EDI's quarterly newsletter. The Environmental Times newsletter is mailed directly to your home if you have single-family curbside trash and recycling collection. Be sure to watch for the newsletter and cut out the coupon to use at your convenience.

The coupons are for residential use only. All items generated from your home are accepted except for tires and hazardous wastes. Waste from businesses or contractors will be charged to standard fees.



How Do I Use My Cleanup Coupon?

Most importantly, be sure to save the original coupon. This is a free service but only if you have your original coupon. If you do not have the original coupon, you will be required to pay standard disposal fees.

Bring your coupon and your load of unwanted materials to EDI which is located at 1044 West Washington Avenue. The facility is open every day from 7:00 am to 4:30 pm. Remember, this is a self-haul operation; you will be required to unload your own vehicle. You will also be required to show picture identification with the address listed on your coupon.

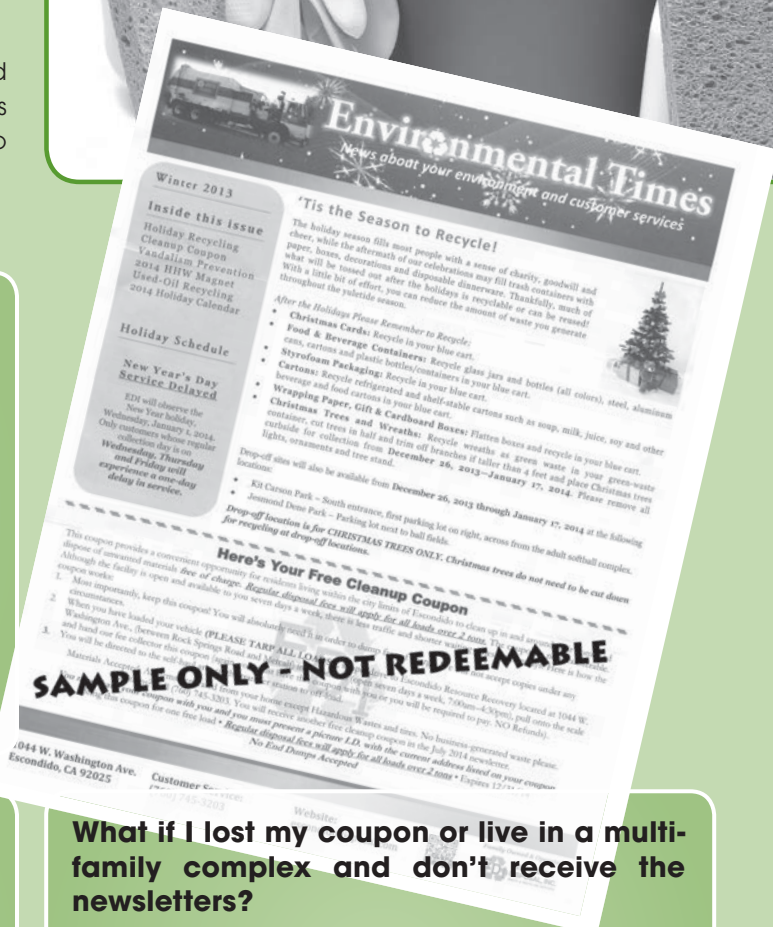
What do I do with my household hazardous waste?

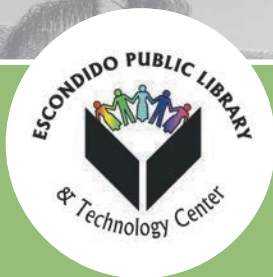
Household hazardous wastes, including electronics, paints, cleaners, batteries, prescription and over-the-counter medicines (no controlled substances), fluorescent lights, sharps, household cleaners, and used motor oil & filters, require special handling and must be disposed of properly. Please call EDI at 760.745.3203 to make an appointment to use the household hazardous waste collection facility at no charge.

What if I lost my coupon or live in a multi-family complex and don't receive the newsletters?

If you did not receive a newsletter or have misplaced your coupon, please call EDI during office hours at 760.745.3203 to arrange to pick up a coupon.

Look for your cleanup coupons every year in the winter and summer editions of Environmental Times. For any questions, please call Escondido Disposal at 760.745.3203 or go to www.escondidodisposal.com.





Escondido Public Library

library.escondido.org

Renew materials online or by phone: 760.738.0249

CITY LIBRARY

239 South Kalmia Street
Escondido, CA 92025
760.839.4684

Hours

Mon–Tue 10 am–8 pm
Wed–Fri 10 am–6 pm
Sat 10 am–5 pm

TECHNOLOGY CENTER

In the East Valley Community Center

2245 East Valley Parkway
Free computer access & WiFi
760.839.4395

Hours

Mon–Thurs 12–6 pm

LITERACY SERVICES

Improving Reading & Writing
Skills by appointment
760.839.5440

PIONEER ROOM

Local & Family History
247 South Kalmia Street
Escondido, CA 92025
760.839.4315

Hours

Tue–Thur 1–5 pm
Sat 10 am–2 pm

Volunteer Opportunities
760.839.4819

Se Habla Español!

PROGRAMS & SERVICES ARE FREE TO THE PUBLIC!

- Public Internet Access & WiFi
- Download FREE E-books to your E-Reader or mobile device
- Laptops available for in-Library use
- Adult Book Discussions
 - 2nd Tuesday Book Club
 - Rincón Literario Bilingual Book Club
 - Book Club in A Bag

2ND SATURDAY CONCERT SERIES PRESENTS

Classical, Contemporary, & world music. 3–4:30 pm, Turrentine Room

- March 8—Bunnell Strings (Classical)
- April 12—Jaime Valle Trio (Latin Jazz)
- May 10—San Diego Chorus Barbershop Quartet

HelpNow!

Free, 24-hour online help with:

- Math, English, science, writing, foreign languages, & social studies
- Essay review
- Skill building in multiple subjects
- Practice tests
- Resume critique

Free, online live homework help

- 1–10 pm daily

Available in Spanish

JUST FOR KIDS

For more information, call 760.839.5456

- **Story Times & Music**
For babies, toddlers, & Pre-K
- **Read to Therapy Dogs for Fun**
Call to register 760.839.5456
- **Children Around the World Series**
- **R.E.A.D.—Read, Eat, & Discuss Book Club**
Book discussions, snacks, and crafts for kids, ages 9–12
- **iPads, Laptops, and Chromebooks for in-Library Family Use**

TEENS

- **Free Events**
Every 1st, 2nd, & 3rd Wednesday @ 4 pm
- **Earn community service credit with Crafty C.A.T.S. or the Review Crew**



Friends Book Shop

Located in the Library

M, W, F, Sat 10 am–4 pm
Tues & Thurs 10 am–6 pm

Book Bargains Galore!

Paperbacks • Bestsellers
Fiction • Videos • Magazines
Classics & Modern Classics

All events are free and open to the public. Programs are sponsored by the Friends of the Escondido Public Library. Children's program space and supplies may be limited. Groups of 10 or more wishing to attend children's programs should contact 760.839.5456 to make arrangements.

PLAN AHEAD for SUMMER



Making memories with Escondido Recreation!



On-Track Kid's Camp Ages 5-11:

Traditional camp filled with sports, games, arts, and a wide variety of interactive activities.

- 9 one week sessions, 7 am – 6 pm, starting June 16 – August 15
- Only \$95 base price with optional field trips to Disneyland, Aquatica, and more
- Registration begins April 1
- Deposit \$25 per camp to reserve a spot



Specialty Camps Ages 3 & Up:

Half-day, weekly camps held through summer

- Lego Camps
- Cooking Camps
- Dance Camps
- And much more



Teen Camp/ Counselor in Training Program Ages 12-15:

- 9 one week sessions, 9 am – 5 pm, starting June 16 – August 15
- Includes daily trips to local attractions including the beach, mall, pool, and more
- Teens can interview to take part in the Counselor in Training/Teen Leadership program



Summer Aquatics Ages 6 months & Up

- Programs start Monday, June 2
- Swim Lessons
- Water Polo Classes
- Jr. Lifeguarding
- Open Recreation Swim
- Summer Swim League
- Scuba Classes



Sports Center Camps Ages 3-14:

A variety of five day camps throughout the summer.

- Skatepark Camps (Bike, Skateboard, Scooter, and Inline)
- Soccer Camps
- Hockey Camps
- Call the Sports Center at 760.839.5425 for more information

For more information call 760.839.4691 or visit
Recreation.Escondido.Org





GOLF BALL DROP

Win \$1,000 Grand Prize!
at the

City of Escondido's
20th Anniversary
Charity Golf Tournament
MAY 13, 2014

Proceeds support the
Share a Dream Scholarship Program,
assisting Escondido youth who participate
in recreation programs.

Three ways you can help!

#1 Register to play in the
FORE Escondido
Charity Golf Tournament,
details on page 24

#2 **Donate** any amount now
and throughout the year!

#3 **Participate** in our
Golf Ball Drop!!!

Purchase your golf balls today!

To find the nearest location to you, call **760.839.4382** or visit **Fore.Escondido.Org**
Winner does not need to be present.

COMMUNITY SERVICES DEPARTMENT
CITY OF ESCONDIDO
201 N. BROADWAY
ESCONDIDO, CA 92025-2790

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